



# CRUISE COMPASS

## QUANTUM OF THE SEAS

**DAY 8**

**Wednesday, November 16, 2022**  
At Sea

### RELAX AT SEA

Today is a day at sea and we hope you had a good night's sleep, because with everything you can do onboard, you're going to need it.

### TRENDING TODAY

#### Formal Night Portraits

Tonight is the night! Everyone is dressing up and getting their glam on, and you should too. Have our photo team capture photos of you rocking your formal attire. Look for our photographers all around the ship tonight.

#### Grand Finale Art Auction

We've saved the best for last. Our fast, fun, final art auction will definitely become your new favorite cruise tradition. New art, champagne, free gifts—you can't miss it. 11:00 am, Boleros Lounge, Deck 4

### HELPFUL TIPS FOR TODAY

#### Transfer Tickets

The Brisbane International Cruise Terminal does not have any public transportation infrastructure set up at this time, there will be very limited number of taxis available. If you have flight after noon on departure day, you wish to purchase a seat on the airport shuttle, you can do this at the Guest Services Desk, Deck 4, before 10:00 am, 17<sup>th</sup> November, the price is \$30.00 per person.

#### Poolside Safety

Splashing in the pool is fun but the pool deck can become slippery as a result. Please watch your step in this area.

#### Internet and TV Satellite Connectivity

Due to the satellite connection and our position, you may experience Internet outages and/or loss of video / audio for live TV channels. Our teams are aware of this ongoing issue. The app, internet and TV may not be available until the signal outage is resolved.

We apologize for any inconvenience this may cause.



#### Seminar: Look 10 Years Younger

Want to return home looking refreshed and youthful? The Medi-Spa offers targeted wrinkle treatments, volumizing skin treatments, and lip enhancements.  
11:00 am, Vitality Spa, Deck 15



#### Place Your Bets

Enter the 1-Bet Raffle for a chance to win \$500. Must be present at time of drawing to win.  
10:30 pm, Casino Royale, Deck 3

### DAILY SNAPSHOT



**Forecast** Mostly Cloudy

**Temperature** 63°F (17°C)

**Winds** SW 16 kts

**Sunrise** 5:33 am

**Sunset** 7:40 pm

**Dress Code: Casual 50/60's**

You're on vacation – relax! Feel free to kick back in jeans, polos, golf or Bermuda shorts (for breakfast and lunch), t-shirts, blouses or sundresses. Remember to keep swimwear for the pool deck only.

### YOUR HEALTH IS OUR PRIORITY

We're all in this together. Here are some things to keep in mind for the health and safety of everyone onboard.



#### Face Masks At a Glance

Masks are recommended for all guests while indoors except while eating or drinking or while in their stateroom.

#### Wash Up and Watch Out!

To best prevent illnesses, wash your hands with soap and warm water after bathroom breaks and before eating. Feeling ill? Norovirus symptoms include upset stomach, vomiting and diarrhea. Should you experience any of these symptoms, contact our Medical Staff by dialing 1200.

### GOOD TO KNOW

#### Watch Out! Time Change

Please set your clocks and watches 1 hour back before retiring tonight. (Ship clocks go back at 2:00 am, Thursday, November 17<sup>th</sup> in the morning).

#### Play Smart. Swim Smart. Stay Safe.

Make a splash at the pool – but keep safety top of mind, too. Although lifeguards are on duty, adult supervision is still required for children ages 12 and under at all times on the pool deck.

#### Be Careful with Doors

Doors onboard -- to staterooms, the decks, restaurants and other venues -- are typically heavier than doors back home. Please use caution when opening and closing them.



#### Let's Get Digital

Download the Royal App on your phone and conveniently access your Cruise Compass to plan your days onboard.



## TODAY'S TOP DEALS

### Capture Your Adventure Like a Pro!

GoPro is the ultimate action camera packed with latest technology and extremely easy to use! It's completely waterproof, so you can take it anywhere. We will show you how to use it too! Focus Photo Gallery, Deck 5

### Health Seminar: Secrets to a Flatter Stomach

Are you ready for a sexy, toned tummy just in time for the Holiday season? Learn how to effectively slim down your waistline! Gain a basic understanding of how ab muscles work and how your body burns fat.

11:00 am, Vitality Fitness Centre, Deck 16

### The Colorful World of Peter Max

Join us for a vivid celebration of American Pop Art icon Peter Max in this informative seminar. All who attend will receive a complimentary work of art. 9:30 am, Boleros, Deck 4

### Keep Your Loved Ones Up To Date

Connect to "WiFi-Guest-Quantum" and go to login.com to get started and share your adventures.

### Famously Fantastic Italian

Chef Jamie Oliver may be one of Britain's most famous food exports, but it's his intense passion for Italian cooking that drives the menu at Jamie's Italian. Dial 7000 to reserve.

Jamie's Italian, Deck 5

### Last Call for Fine Jewelry Savings

It's your last chance to pick up stunning fine jewelry from the Royal Shops. Explore a varied collection of jewelry designs for up to 50% off and enjoy savings. 11:00am - 2:00pm, Regalia, Deck 4



## DAILY HIGHLIGHTS

### IN THE SPOTLIGHT

#### Production Showtime Sonic Odyssey

Royal Caribbean Productions presents an original production featuring The Earth Harp, designed and created by William Close, a semifinalist in Season 7 of America's Got Talent. Sonic Odyssey takes the audience on a one-of-kind journey of music and sound, featuring the talented cast of the Royal Theater.

8:00 pm & 10:00 pm, Royal Theatre, Decks 4 & 5

#### 70's Disco Inferno Party

Get out your leisure suits and platform shoes; the 70's are back! Get ready for this action packed party complete with exciting music, electric dancing and our crew in groovy costumes.

11:00 pm, Two70°, Deck 5

### DAYTIME ADVENTURES

#### The Belly Flop Contest

Oh, the prestige. The glamour. Come and make a splash with your Cruise Director Steve from Canada for this unique competition.

2:00 pm, Poolside, Deck 14

#### Cash Prize Royal Bingo

Have fun with Royal Bingo and win cash prizes. Whether it's your first time or you're a pro, you won't want to miss this onboard favorite. There's always a winner! Cards on Sale at 1:45 pm - 2:30 pm, Game Begins at 2:30 pm Two70°, Deck 5

#### RipCord® by iFLY®

Experience the exhilaration of skydiving without ever leaving the deck, courtesy of RipCord® by iFLY®. Feel what it's like to fly, as you float on air within the safe confines of this groundbreaking simulator. It's a whole new thrill for thrill seekers of all kinds.

Book your spot via the Royal Caribbean App.

9:00 am - Noon / 2:00 pm - 6:00 pm, RipCord® by iFly®, Deck 15  
(Reservations are required)

### EVENING THRILLS

#### It Happened in the 70's Trivia

Attention know-it-alls: You're in for a treat. Your Cruise Director's Staff will be hosting a fun welcome onboard trivia, are you up for the challenge?

8:15 pm, Boleros, Deck 4

#### Battle of the Sexes Game Show

Men or women - want to know who's better? Join your Cruise Director's staff in the Two70° and find out. Warning: It could get riotously funny.

9:00 pm, Two70°, Deck 5

#### 70's Disco Dance Class

Fall in line! Grab your boogie shoes and join us for a Line dancing class hosted by your Cruise Director's staff. You're going to love the groovy music, plus, it's fun and easy to learn.

10:00 pm, Two70°, Deck 5

### LAST 2 DAYS TO BOOK YOUR NEXT CRUISE

Book now and get up to \$600 off or onboard credit plus pay only \$100 per person deposit on select fares. Our NextCruise team will be happy to help you with your reservations.

NextCruise, Deck 5



## DINING

### HUNGRY NOW DECK TIME

- Café Promenade 4 24 hours
- Room Service (\$) 24 hours

### MAIN DINING DECK TIME

- Windjammer Marketplace 14 7:00 am – 11:00 am  
Noon – 3:00 pm  
(Theme Night : Passport to Asia ) 5:30 pm – 8:30 pm
- Solarium 14 7:00 am – 10:00 am  
Noon – 2:30 pm  
5:30 pm – 9:00 pm
- Main Dining Room 4 7:30 am – 9:30 am  
Noon – 1:30 pm  
6:45 pm – 9:00 pm
- My Time Dining 4 5:15 pm  
(Door Closes at 5:30 pm)
- Main Seating, 3, 4 7:45 pm  
Main Dining Room (Door Closes at 8:00 pm)
- Second Seating, 3 7:45 pm  
Main Dining Room (Door Closes at 8:00 pm)

### RESTAURANTS (\$) DECK TIME

- Chef's Table 5 5:30 pm & 8:30 pm
- Chops Grille 5 Noon – 1:30 pm  
5:30 pm – 9:00 pm
- Jamie's Italian 5 Noon – 1:30 pm  
5:30 pm – 9:00 pm
- Izumi 5 Noon – 1:30 pm  
5:30 pm – 9:00 pm
- Wonderland 5 5:30 pm – 9:00 pm

### COFFEE & SNACKS DECK TIME

- La Patisserie (\$) 4 6:00 am – 10:00 pm
- Sorrentos Pizza 4 11:30 am – 1:00 am
- Harp & Horn (\$) 11:00 am – 11:00 pm
- Cafe Two70° 5 7:00 am – 10:30 am  
11:30 am – 5:00 pm
- Splash Away 14 11:30 am – 5:00 pm
- SeaPlex Doghouse 15 Noon – 5:00 pm

### BAR & LOUNGES (\$) DECK TIME

- Casino Bar 3 8:00 am – 2:00 am
- Music Hall 3, 4 11:00 am – 2:00 am
- La Patisserie 4 6:00 am – 10:00 pm
- Harp & Horn 4 10:00 am – 1:00 am
- Boleros 4 3:00 pm – midnight
- Bionic Bar 5 1:00 pm – 11:00 pm
- Vintages 5 11:00 am – midnight
- Schooner Bar 5 9:00 am – midnight
- Pool Bar 14 9:00 am – 10:00 pm
- Sunshine Bar 14 7:00 am – 9:00 pm
- Sky Bar 14 9:00 am – 7:00 pm
- Windjammer Bar 14 Noon – 3:00 pm / 5:30 pm – 8:30 pm
- North Star Bar 15 9:00 am – 7:00 pm

(\$ Fee Applies.

## DINING TIPS

- Reservations are recommended for all Specialty dining venues. Please visit the app, stop by dining venues or dial 7000 for reservations. Smart casual dress codes apply to all of our dining rooms. A cancellation fee will be charged for reservations cancelled within 24 hours of the reservation time.
- Our room service delivery is now contactless. We ask that you retrieve your meal trays from the trolley outside your door as crew will no longer set up room service inside your stateroom.
- Room service is complimentary for breakfast from 6:00 am to 11:00 am. For all other room service order a convenience fee of \$7.95 +18% gratuity applies to items listed in the all-day menu will be charged.



## INFO

### VENUE HOURS DECK TIME

- Art Gallery 5 5:00 pm – 9:00 pm
- Casino Royale Slots 3 8:00 am – late
- Casino Royale Tables 3 10:00 am – late
- Challenger's Arcade 15 24 hours
- Internet Assistance 5 9:00 am – noon / 4:00 pm – 8:00 pm
- Loyalty Ambassador Desk 4 8:00 am – noon / 4:00 pm – 6:30 pm
- Medical Facility (Dial 51) 2 8:00 am – 11:00 am / 4:00 pm – 7:00 pm
- NextCruise Sales Office (Dial 5252) 5 9:00 am – 9:00 pm
- Photo Gallery 5 10:00 am – 10:00 pm
- Private Photo Studio (Dial 55470) 5 By Appointment
- Royal Shops 4, 5 9:30 am – 11:00 pm
- Shore Excursions 5 10:00 am – noon / 4:00 pm – 6:00 pm
- Vitality Spa (Dial 4600) 15 8:00 am – 10:00 pm
- Vitality Fitness Center 16 6:00 am – 9:00 pm

### POOL HOURS DECK TIME

- Pool Towel Station 14 7:00 am – 10:00 pm
- Indoor Pool 14 7:00 am – 10:00 pm
- Solarium (Adults only) 14 9:00 am – 8:00 pm
- Main Pool 14 9:00 am – 7:00 pm
- H2O Zone (Wave Pool) 14 11:00 am – 6:00 pm
- Baby Splash Zone 14 10:00 am – 5:00 pm

### SPORTS HOURS DECK TIME

- SeaPlex® Sports Deck 15 8:00 am – 10:30 pm  
(Athletic footwear required)
- Laser Tag (5 years old minimum age) 15 9:00 am – noon
- FlowRider® Advanced Surfing 16 9:00 am – 11:00 am
- FlowRider® Mixed Wave  
(Advanced Surfing & Boogie board) 16 11:00 am – 1:00 pm / 4:00 pm – 6:00 pm
- FlowRider® Boogie Boarding 15 1:00 pm – 4:00 pm
- Ripcord® by iFly® Extended (\$) (RR) 15 9:00 am – noon / 2:00 pm – 6:00 pm
- North Star Extended (\$) (RR) 15 9:00 am – noon / 2:00 pm – 6:40 pm
- Rock Climbing Wall 15 9:00 am – 11:15 am / 1:30 pm – 5:15 pm
- Adult Speed Climb 15 5:30 pm – 6:00 pm
- Roller Skates (RR) 15 6:00 pm – 10:30 pm
- Surfing Under The Stars  
FlowRider® Mixed Wave  
(Advanced Surfing & Boogie board) 16 8:00 pm – 10:00 pm

\*Reservations Required (RR)

### 24 HOUR SERVICES AND VENUES

- Guest Services (Dial 0) 4
- Selected Hot Tubs 14
- Emergency Only (Dial 911)
- Operator (Dial 0)

Please bring your SeaPass card to all activities. Certain age, height, weight and clothing requirements may apply. Please check activity signage for more information.

Outdoor and Current Pool Opening and closing hours might vary due to weather changes; this will be communicated in case of any changes or delays. Pool and Whirlpools will remain/be closed if the outside air temperature goes to 10°C or below.

**For the well-being of everyone onboard, some members of our security team will be wearing body cameras as part of their uniform.**

**If you encounter any wild birds or animals onboard. Please refrain from touching them and notify the nearest crew member.**



### Drink of the Day - Portside Punch

We're showcasing one of the most popular cocktails of The Bahamas with today's drink of the day — the Port Side Punch. Made with rum, Peach Schnapps and cranberry juice, you'll have trouble having just one. Try it today and raise a glass to adventure. Order at any bar onboard



## DAY 8

Wednesday, November 16, 2022  
At Sea

## GOOD TO KNOW

## DECK TIME

Entertainment Today with your Cruise Director,  
Steve from Canada and Activities Manager, Neil from Brazil  
Playing Cards Available, The Library (Two70°)  
Daily Trivia and Sudoku Puzzles, The Library (Two70°)  
Coffee Chat With Quantum Officers, La Patisserie  
Solo Travelers Lunch (Self Lead), Meet Outside Silk  
Friends of Bill W. (Self led), The Workshop (Two70°)  
LGBTQIA+ Gathering, Vintages  
Junior Cruisers' Curfew

Channel 1  
All Day  
9:00 am - 9:00 pm  
10:30 am - 10:30 am  
11:45 am  
4:00 pm  
9:00 pm  
1:00 am

## THINGS TO DO

## DECK TIME

The Colorful World of Peter Max, Boleros  
Texas Hold'em Tournament \$, Casino Royale  
Grand Finale Art Auction, Boleros  
Slot Tournament Qualifiers, Casino Royale  
Snowball Raffle, Casino Royale  
\$1 Bet Raffle Draw, Casino Royale

4 9:30 am - 10:15 am  
3 11:00 am - noon  
4 11:00 am - 2:00 pm  
3 1:00 pm - 2:00 pm  
3 10:00 pm - 10:05 pm  
3 10:30 pm - 10:45 pm

## Spa, Fitness &amp; Shops

## DECK TIME

Early Morning Stretch, Vitality Fitness Center  
Fabulous Abs, Vitality Fitness Center  
Pure-Form Yoga (\$), Vitality Fitness Center  
Invicta Watch Sale up to 75% Off, Royal Esplanade  
Seminar: Sciatica Solutions with Acupuncture, Vitality Spa  
Find Your Perfect Shade of Lipstick, Impulse  
Does Your Hair Style Suite You, Vitality Spa  
Medi-Spa Facial Rejuvenation Clinic, Vitality Spa  
Secrets to a Flatter Stomach Seminar, Vitality Fitness Center  
3 Steps to Skincare with Clinique, Impulse  
3 Minute Sun Glow Make-over, Vitality Spa  
Seminar: Look Ten Years Younger With Thermage, Vitality Spa  
Seminar: Chinese Herbal Remedies. Vitality Spa  
Relieving Back Pain with Goodfeet Seminar,  
Vitality Fitness Center  
Guess the Carat Weight of the Snowflake, Regalia  
Royal Caribbean T-Shirts Sale, Royal Esplanade  
Sparkle and Shine with Swarovski, Collection  
No More Puffy Eyes, Vitality Spa  
Targeted Wrinkle Treatments, Vitality Spa  
Pure Form Pilates (\$), Vitality Fitness Center  
Walk - In Chinese Herbal Consultation, Vitality Spa  
Evening Stretch, Vitality Fitness Center

16 7:00 am - 7:30 am  
16 7:30 am - 8:00 am  
16 8:00 am - 8:45 am  
4 10:00 am - 10:30 am  
15 10:00 am - 10:30 am  
4 10:00 am - 10:30 pm  
15 10:00 am - 11:00 am  
15 10:30 am - 11:00 am  
16 11:00 am - noon  
4 11:00 am - 2:00 pm  
15 1:00 pm - 2:00 pm  
15 2:00 pm - 2:30 pm  
15 2:00 pm - 2:30 pm  
16 2:00 pm - 3:00 pm  
4 2:30 pm - 9:30 pm  
4 3:00 pm - 10:30 pm  
4 3:00 pm - 10:30 pm  
15 4:00 pm - 4:30 pm  
15 4:00 pm - 4:30 pm  
16 4:00 pm - 4:45 pm  
15 4:00 pm - 6:00 pm  
16 5:00 pm - 5:30 pm

## FOR FOODIES

## DECK TIME

Sip Tour Brunch (\$), Grande Restaurant  
Sushi Making (\$), Izumi

3 10:30 am  
5 10:00 am



If you are experiencing any of the symptoms below,  
please do not leave your stateroom and call the Medical  
Center immediately on extension 1200 to make an  
appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue; Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

## ENTERTAINMENT

## DECK TIME

Sports Activity: Open Play Table Tennis, SeaPlex® 15 8:00 am - 10:30 pm  
Sports Activity: Open Play Xbox Games, SeaPlex® 15 8:00 am - 10:30 pm  
Laser Tag - Clash for the Crystal City,  
(minimum age 5 years old), SeaPlex® 15 9:00 am - noon  
Morning Stretch with a View, Two70° 5 9:45 am - 10:15 am  
Sports Activity: Water aerobics with your sports staff,  
(max capacity 30 pax), Indoor Pool 15 10:00 am - 10:30 am  
Sudoku Challenge #7, Schooner Bar 5 10:00 am - 10:30 am  
Fun Fitness Dance Class, Two70° 5 10:30 am - 11:00 am  
Morning Trivia, Music Hall 3, 4 10:30 am - 11:00 am  
Word Search Challenge #2, Schooner Bar 5 10:45 am - 11:15 am  
Arts & Crafts: Ribbon to Rose, Music Hall 3, 4 11:15 am - 11:45 am  
Teen Only Speed Climb (Ages 12-17), Rockwall 15 11:30 pm - 11:45 pm  
Visual Trivia: What's That Airline Logo?, Schooner Bar 5 11:30 am - noon  
Adventure Family Science, Voyager Room 12 12:15 pm - 12:45 pm  
Sports Activity: Adult 3 on 3 Basketball Competition,s  
(sign ups 1:00 pm), SeaPlex® 15 1:15 pm - 2:15 pm  
The Battle of the Knights Game Show, Music Hall 3, 4 1:30 pm - 2:00 pm  
Royal Cash Prize Bingo - Cards on Sale, Two70° 5 1:45 pm - 2:30 pm  
The Bellyflop Contest, Poolside 14 2:00 pm - 2:45 pm  
True or False Trivia, Schooner Bar 5 2:00 pm - 2:30 pm  
If you Know it, Sing it! Game Show, Music Hall 3, 4 2:15 pm - 2:45 pm  
Royal Cash Prize Bingo - Game Begins, Two70° 5 2:30 pm - 3:15 pm  
Quantum Numbers Scavenger Hunt, Schooner Bar 5 2:45 pm - 3:15 pm  
Name that Tune: 70's Hits, Music Hall 3, 4 3:00 pm - 3:30 pm  
Sports Activity: Adult Volleyball Competition  
(sign ups 3:00 pm), SeaPlex® 15 3:15 pm - 4:15 pm  
Who in the World Am I? Trivia, Schooner Bar 5 3:30 pm - 4:00 pm  
Disney: The Ultimate Trivia, Music Hall 3, 4 3:45 pm - 4:15 pm  
Fun Latin Dance Class, Two70° 5 4:00 pm - 4:30 pm  
Sports Activity: Open Play Volleyball, SeaPlex® 15 4:15 pm - 5:45 pm  
General Knowledge Trivia, Music Hall 3, 4 4:30 pm - 5:00 pm  
Sports Activity: Roller Skates,  
(Reservations required), SeaPlex® 15 6:00 pm - 10:30 pm  
Movie: Aladdin (PG, 2019), Poolside 14 8:00 pm - 10:08 pm  
Production Showtime: Sonic Odyssey, Royal Theatre 4, 5 8:00 pm - 9:00 pm  
It Happened in the 70's Trivia, Boleros 4 8:15 pm - 8:45 pm  
Battle of the Sexes Game Show, Two70° 5 9:00 pm - 9:45 pm  
70's Disco Dance Class, Two70° 5 10:00 pm - 10:30 pm  
Production Showtime: Sonic Odyssey, Royal Theatre 4, 5 10:00 pm - 11:00 pm  
70's Warm Up Party with DJ Terry, Two70° 5 10:30 pm - 11:00 pm  
70's Disco Inferno Party with your  
Entertainment Activities Team, Two70° 5 11:00 pm - 11:45 pm

## LIVE MUSIC ENTERTAINMENT DECK TIME

## Pool time dance music with Iconic Band

Poolside 14 Noon - 12:45 pm  
Poolside 14 1:00 pm - 1:45 pm

## Piano Melodies with Yevhen

Schooner Bar 5 12:45 pm - 1:45 pm  
Schooner Bar 5 4:15 pm - 5:00 pm  
Schooner Bar 5 6:15 pm - 7:00 pm  
Schooner Bar 5 7:15 pm - 8:15 pm

## Poolside Tunes with our Resident DJ Terry

Poolside 14 2:00 pm - 3:30 pm

## Music &amp; dancing with Supernova Band

Music Hall 3, 4 6:15 pm - 7:00 pm  
Music Hall 3, 4 7:15 pm - 8:00 pm

## Piano and Bar Entertainment with Jennifer

Schooner Bar 5 8:45 pm - midnight\*

## Caribbean Vibes with Iconic Band

Boleros 4 8:45 pm - 9:30 pm  
Boleros 4 9:45 pm - 10:30 pm  
Boleros 4 10:45 pm - 11:30 pm

## Bruno Mars tribute with Supernova Band

Music Hall 3, 4 9:00 pm - 9:45 pm

## Guitar &amp; Vocal Entertainment with Carlo

Harp & Horn Pub 4 9:00 pm - late\*

## Supernova Band LIVE!

Music Hall 3, 4 10:15 pm - 11:00 pm  
Music Hall 3, 4 11:15 pm - midnight

## Nightclub Open with our Resident DJ Terry (+18)

Music Hall 3, 4 12:15 am - late

\*Entertainers will take periodic breaks.