



# CRUISE COMPASS

## QUANTUM OF THE SEAS

**DAY 3**

Friday, November 11, 2022  
Sydney, Australia

## SYDNEY, AUSTRALIA

Australia's oldest and most populous city, Sydney is a premier multicultural metropolis. Start your visit at The Rocks, the historic waterfront area. You'll find many of the city's top attractions nearby, including the Museum of Contemporary Art and the iconic Sydney Opera House. Stroll over to the Royal Botanic Gardens, visit Bondi Beach or check out Garigal National Park.

## IMPORTANT INFORMATION

### Sydney Overnight

During our overnight stay in Sydney, Quantum of the Seas is required to relocate from our docked location at the Overseas Passenger Terminal at Circular Quay, to our anchored location at Athol Bay in Sydney Harbour. This will happen at 2:00 am on Saturday 12<sup>th</sup> November, 2022 and will need to close the gangway at 1:30 am. Once we have relocated, we will have a tendering operation starting at 6:00 am that will pick up and drop off at the Man O'War steps adjacent to the Sydney Opera house and to the north-west boundary of the Botanic Garden. The last tender back to Quantum of the Seas will be at 3:45 pm.

Please note, if you are not onboard by 1:30 am on 12<sup>th</sup> November, you will need to wait until our tendering operation commences at 6:00 am to come back onboard.

## HELPFUL TIPS FOR TODAY

### SeaPass Card and Photo Identification

Please note that Guests will not be permitted off or on the ship without their SeaPass Card and Photo Identification (Government Issued).

### Shore Visits For Minors

Parents or guardians must not permit any guest in their care under the age of 18 to leave the ship in any port without responsible adult supervision.

### Please use your Stateroom Safe

Remember keep your valuables safe and secure by using the safe provided in your stateroom. Follow the instructions posted in the safe for your convenience.



### Spa Special: Spa Topia

Spa Topia Indulge from head to toe for 75 glorious minutes with all of these treatments: Full-Body Hot Stone or Bamboo Massage, Full-Body Skin Brushing, Foot and Ankle Massage, Hand and Arm Massage. Vitality Spa, Deck 15. Call 4600 to make your booking.



### Level Up On Fun

Level Up On Fun! It's game on at the Arcade! Simply tap your SeaPass card to start playing. Visit us at the Arcade, Deck 15, Open 24 hours

## DAILY SNAPSHOT



**Ship's Arrival** 8:00 am

**Gangway Down** 8:30 am

**Temperature** 70°F (21°C)

**Sunrise** 5:46 am

**Dress Code: Casual**

You're on vacation – relax! Feel free to kick back in jeans, polos, golf or Bermuda shorts (for breakfast and lunch), t-shirts, blouses or sundresses. Remember to keep swimwear for the pool deck only.

**Forecast** Mostly Cloudy

**Gangway** Deck 5/Midship

**Winds** E 4 kts

**Sunset** 7:32 pm

## YOUR HEALTH IS OUR PRIORITY

We're all in this together. Here are some things to keep in mind for the health and safety of everyone onboard.



### Face Masks At a Glance

Masks are recommended for all guests while indoors except while eating or drinking or while in their stateroom.

### Wash Up and Watch Out!

To best prevent illnesses, wash your hands with soap and warm water after bathroom breaks and before eating. Feeling ill? Norovirus symptoms include upset stomach, vomiting and diarrhea. Should you experience any of these symptoms, contact our Medical Staff by dialing 1200.

## GOOD TO KNOW

### Local Port Agriculture Regulations

Please note that local port regulations prohibit the addition or removal of agricultural items such as food, fruits, plants, flowers, sea shells, bulbs, and rocks to or from the ship.

### Open Balcony Door? Your AC will Turn Off

For energy conservation and safety, when your balcony door is open, your stateroom air conditioning will turn off. To turn it back on, simply close and lock your balcony door.

### Smoking Only Permitted in Designated Areas

MidShip, Deck 5, Starboard Side

Pool Deck, Deck 14, Port Side

\*\*All indoor public spaces, stateroom balconies are smoke free.



### Let's Get Digital

Download the Royal App on your phone and conveniently access your Cruise Compass to plan your days onboard.





## TODAY'S TOP DEALS

### All Access Tour

Experience the ultimate adventure from bow to stern, including an exclusive tour of the Bridge - the navigational heart of the ship. Reserve your spot at the Shore Excursions Desk today.

### Hop On Hop Off Sydney Tour

Discover the ease of experiencing the best of Sydney and Bondi at your own pace on a hop-on, hop-off tour on a double decker bus. Tickets available for 1 Day or 2 Days. Book this tour today via the Royal Caribbean App or at the Shore Excursions Desk, Deck 5.

### Download Your Cruise Photos

Our photographers have taken some great photos of you! They are only available to view and purchase onboard, and you can instantly download them directly to your phone. Focus Photo Gallery, Deck 5.

### Upgrade Your Internet Package

Want more? You can upgrade to the SURF + STREAM voyage package and stream your favorite movies, TV shows and music, starting at \$26.99 per day. Connect to "WiFi-Guest-Quantum" and go to login.com to get started.

### Go For The Goal

Face off for a thrilling game of air hockey at the arcade that's fun for the whole family. The intensity of air hockey meets the ease of tabletop games for a competition you'll never forget. Visit the Arcade, Deck 15

### Early Morning Stretch

Open your eyes and ahhh... stretch! Join us for a little eye opening, body-limbering, feel good stretching to start your day off right. 7:00 am, Vitality Fitness Center, Deck 16

### Private Studio Photo Shoots

Capture the memories with your loved ones by scheduling an exclusive private photo session. Stop by the Focus Photo Gallery on Deck 5 to book your appointment and pick from a variety of photo shoot options at our ports of call or on at the stunning places on the ship.

### Save When You Plan Your NextCruise Today

Experience the beauty of Alaska or the excitement of an Oasis Class Ship. Whatever you choose, we have the cruise for you. Receive exclusive benefits of up to \$600 in saving when you book onboard. NextCruise, Deck 5



## DAILY HIGHLIGHTS

### IN THE SPOTLIGHT

#### Remembrance Day Veterans Recognition Ceremony

Join your Cruise Director Steve From Canada as we put out a calling to all Military Service Personal and Veterans, along with Emergency Responders. You are the heroes amongst us and we want to honor you today.

11:00 am, Royal Theatre, Deck 4

#### Two70° Experience featuring Nadiia

Two70° is the most technologically advanced venue on any ship in the world. Home to Robot screens, vistaramas and surprise moments. Drop by as your Cruise Director, Steve from Canada introduces you to the amazing Two70° venue. Featuring an incredible performance from Violinist, Nadiia.

7:00 pm & 9:00 pm, Two70°, Deck 5

### DAYTIME ADVENTURES

#### SeaPlex® Activities

The largest indoor active space at sea is also the most revolutionary. There's never been a venue like SeaPlex® before offering a full-sized basketball court, foosball tables, table tennis and bumper cars at sea. Reservations are required for the above activities. So please visit the SeaPlex® Desk for more information. Please wear athletic footwear when participating in all activities.

8:00 am - 10:30 pm, SeaPlex®, Deck 15 & 16

#### Name that Tune: Songs with Color

You remember the artist. You love the lyrics, But can you name that tune? Join your Cruise Director's Staff as they put your memory to the test in the ultimate musical trivia challenge.

3:30 pm, Music Hall, Decks 3 & 4

#### Afternoon Trivia

Attention know-it-alls: You're in for a treat. Your Cruise Director's Staff will be hosting fun trivia challenges every day. You're invited!

4:15 pm, Music Hall, Decks 3 & 4

### EVENING THRILLS

#### Family Karaoke

Who knows, maybe you'll be discovered...or laughed at. It's a singing good time for the whole family.

9:00 pm - 11:00 pm, Boleros, Deck 4

#### Live Music Tonight

Every evening we have a variety of music for you to enjoy in the Harp & Horn Pub, Music Hall, Boleros, Schooner Bar and more.





## DINING

### HUNGRY NOW

	DECK	TIME
• Café Promenade	4	24 hours
• Room Service (\$)		24 hours

### MAIN DINING

	DECK	TIME
• Windjammer Marketplace	14	6:30 am - 11:00 am Noon - 3:00 pm 5:30 pm - 8:30 pm
(Theme Night : Faves From Across The Pond)		
• Solarium	14	7:00 am - 10:00 am 5:30 pm - 9:00 pm
• Main Dining Room	4	7:00 am - 9:00 am
• My Time Dining	4	6:45 pm - 9:00 pm
• Main Seating,	3, 4	5:15 pm
Main Dining Room		(Door Closes at 5:30 pm)
• Second Seating,	3	7:45 pm
Main Dining Room		(Door Closes at 8:00 pm)

### RESTAURANTS (\$)

	DECK	TIME
• Chef's Table	5	5:30 pm & 8:30 pm
• Chops Grille	5	5:30 pm - 9:00 pm
• Jamie's Italian	5	5:30 pm - 9:00 pm
• Izumi	5	5:30 pm - 9:00 pm
• Wonderland	5	5:30 pm - 9:00 pm

### COFFEE & SNACKS

	DECK	TIME
• La Patisserie (\$)	4	6:00 am - 10:00 pm
• Harp & Horn (\$)	4	11:00 am - 11:00 pm
• Sorrentos Pizza	4	11:30 am - 1:00 am
• Cafe Two70°	5	7:00 am - 10:30 am 2:00 pm - 5:00 pm
• SeaPlex Doghouse	15	2:00 pm - 5:00 pm

### BAR & LOUNGES (\$)

	DECK	TIME
• Music Hall	3	3:00 pm - 2:00 am
• La Patisserie	4	6:00 am - 10:00 pm
• Harp & Horn	4	10:00 am - 1:00 am
• Boleros	4	3:00 pm - midnight
• Bionic Bar	5	3:00 pm - 11:00 pm
• Vintages	5	3:00 pm - midnight
• Schooner Bar	5	9:00 am - midnight
• Pool Bar	14	9:00 am - 10:00 pm
• Sunshine Bar	14	7:00 am - 9:00 pm
• Sky Bar	14	10:00 am - 7:00 pm
• Windjammer Bar	14	Noon - 3:00 pm / 5:30 pm - 8:30 pm
• North Star Bar	15	Noon - 7:00 pm

(\$)

 Fee Applies.

## DINING TIPS

• Reservations are recommended for all Specialty dining venues. Please visit the app, stop by dining venues or dial 7000 for reservations. Smart casual dress codes apply to all of our dining rooms. A cancellation fee will be charged for reservations cancelled within 24 hours of the reservation time.

• Our room service delivery is now contactless. We ask that you retrieve your meal trays from the trolley outside your door as crew will no longer set up room service inside your stateroom.

• Room service is complimentary for breakfast from 6:00 am to 11:00 am with our new contactless delivery service.

Room Service will be complimentary for breakfast only.

A convenience fee of \$7.95 +18% gratuity applies to items listed in the all-day menu.

### A CUT ABOVE THE REST

Our exceptional prime meat is joined by Maine lobster, grilled branzino and other succulent dishes paired with addictive sides & irresistible desserts. Reservations suggested and walk-ins welcome. 5:30 pm- 9:00 pm, Chops Grille, Deck 5



## INFO

### VENUE HOURS

	DECK	TIME
Art Gallery	5	Closed
Casino Royale	3	Closed
Challenger's Arcade	15	24 hours
Internet Assistance	5	9:00 am - 11:00 am / 6:00 pm - 8:00 pm
Loyalty Ambassador Desk	4	8:00 am - 11:00 am / 5:00 pm - 8:00 pm
Medical Facility (Dial 51)	2	8:00 am - 11:00 am / 4:00 pm - 7:00 pm
NextCruise Sales Office (Dial 5252)	5	9:00 am - noon / 4:00 pm - 9:00 pm
Photo Gallery	5	Closed
Private Photo Studio (Dial 55470)	5	By Appointment
Royal Shops	4, 5	Closed
Shore Excursions	5	6:00 pm - 8:00 pm
Vitality Spa (Dial 4600)	15	8:00 am - 10:00 pm
Vitality Fitness Center	16	6:00 am - 9:00 pm

### POOL HOURS

	DECK	TIME
Pool Towel Station	14	7:00 am - 10:00 pm
Indoor Pool	14	7:00 am - 10:00 pm
Solarium (Adults only)	14	9:00 am - 8:00 pm
Main Pool	14	10:00 am - 7:00 pm
H2O Zone (Wave Pool)	14	11:00 am - 6:00 pm
Baby Splash Zone	14	3:00 pm - 5:00 pm

### SPORTS HOURS

	DECK	TIME
SeaPlex® Sports Deck	15	8:00 am - 10:30 pm
(Athletic footwear required)		
FlowRider® Mixed Wave		
(Advanced Surfing & Boogie board)	16	9:00 am - noon / 2:00 pm - 6:00 pm
Rock Climbing Wall	15	noon - 5:00 pm
Kids Only Climb	15	5:00 pm - 5:15 pm
Ripcord® by iFly® (RR)	15	8:00 am - 11:00 am / 1:00 pm - 3:00 pm
North Star (RR)	15	9:00 am - 1:00 pm / 3:00 pm - 7:45 pm
*Reservations Required (RR)		

### 24 HOUR SERVICES AND VENUES

Guest Services (Dial 0)	4
Selected Hot Tubs	14
Emergency Only (Dial 911)	
Operator (Dial 0)	

Please bring your SeaPass card to all activities. Certain age, height, weight and clothing requirements and reservations may apply. Please check activity signage for more information.

Outdoor and Current Pool Opening and closing hours might vary due to weather changes; this will be communicated in case of any changes or delays. Pool and Whirlpools will remain/be closed if the outside air temperature goes to 10°C or below.

**For the well-being of everyone onboard, some members of our security team will be wearing body cameras as part of their uniform.**

### SYDNEY SHIP AGENT AND PORT ADDRESS

**Port Agent:** Andreas Kaech

**Agency:** Wilhelmsen Ships Service

**Address:** 2 Sheridan Close, Milperra NSW 2214

**Mobile:** 0431 675 713

**Email:** Andreas.Kaech@wilhelmsen.com /  
WSS.OCE.Cruise@wilhelmsen.com



### DRINK OF THE DAY: Lava Flow

Celebrate the islands of The Hawaii with today's drink of the day — the Lava Flow. This blend of rum and fruit flavors will put you on island time immediately. Try it today and raise a glass to adventure. Order at any bar onboard





## DAY 3

Friday, November 11, 2022  
Sydney, Australia

### GOOD TO KNOW

Entertainment Today with your Cruise Director

Steve from Canada and Activities Manager, Neil from Brazil

Playing Cards Available, The Library (Two70°)

#### Arrival

#### Gangway Down

Daily Trivia and Sudoku Puzzles, The Library (Two70°)

Friends of Bill W. (Self led), The Workshop (Two70°)

LGBTQIA+ Gathering, Vintages

#### Junior Cruisers' Curfew

### DECK TIME

Channel 1

All Day

8:00 am

8:30 am

9:00 am - 9:00 pm

4:00 pm

9:00 pm

1:00 am

### SPA, FITNESS & SHOPS

### DECK TIME

Early Morning Stretch, Vitality Fitness Center

Abs class, Vitality Fitness Center

Pure Form Yoga (\$), Vitality Fitness Center

Tour De Cycle (\$), Vitality Fitness Center

Seminar: Chronic Pains & Digestive Issues With

Acupuncture. Vitality Spa

How to Increase your Metabolism, Vitality Fitness Center

Improving Posture with Goodfeet, Vitality Fitness Center

Body sculpt Bootcamp (\$), Vitality Fitness Center

Evening Stretch, Vitality Fitness Center

16

16

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7:00 am - 7:30 am

7:30 am - 8:00 am

8:00 am - 8:45 am

9:00 am - 9:45 am

10:00 am - 10:30 am

11:00 am - noon

2:00 pm - 3:00 pm

4:00 pm - 4:45 pm

5:00 pm - 5:30 pm

### ENTERTAINMENT

### DECK TIME

Sports Activity: Open Play Pickleball, SeaPlex®

Sports Activity: Open Play Table Tennis, SeaPlex®

Sports Activity: Open Play Xbox Games, SeaPlex®

Sudoku Challenge #2, Music Hall

Morning Trivia, Music Hall

Sports Activity: Water aerobics with your sports staff,

(max capacity 30 pax), Indoor Pool

Word Search Challenge, Music Hall

Remembrance Day Ceremony with Steve, Royal Theatre

Sports Activity: Family Free Throw Competition,

(sign ups 11:00 am), SeaPlex®

Visual Trivia: Name that Food, Music Hall

A-Z Scavenger Hunt, Music Hall

Movie: Cyrano (PG-13, 2021), Royal Theatre

Line Dance Class, Music Hall

Sports Activity: Family Basketball Knockout

Competition, (sign ups 2:45 pm), SeaPlex®

Name that Tune: Songs with Color, Music Hall

Sports Activity: Family Table Tennis Competition

(sign ups 3:45 pm), SeaPlex®

Sports Activity: Open Play Pickleball, SeaPlex®

General Knowledge Trivia, Music Hall

Sports Activity: Rockwall, Kids Climb

Two70° Experience, Two70°

Movie: Godzilla vs Kong (PG-13, 2022), Royal Theatre

Teen Only Basketball Free Throw (Ages 12-17),

SeaPlex®

Evening Trivia, Boleros

Family Karaoke, Boleros

Split the Difference Game Show, Music Hall

Two70° Experience, Two70°

Night Club Open with our Resident DJ Terry (18+)

Music Hall

15

16

16

3, 4

3, 4

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3, 4

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8:00 am - 11:00 am

8:00 am - 10:30 pm

8:00 am - 10:30 pm

9:15 am - 9:45 am

10:00 am - 10:30 am

10:00 am - 10:30 am

10:45 am - 11:15 am

11:00 am - 11:45 am

11:15 am - noon

11:30 am - noon

2:00 pm - 2:30 pm

2:00 pm - 3:50 pm

2:45 pm - 3:15 pm

3:00 pm - 3:45 pm

3:30 pm - 4:00 pm

4:00 pm - 4:45 pm

4:00 pm - 10:30 pm

4:15 pm - 4:45 pm

5:00 am - 5:15 pm

7:00 pm - 7:40 pm

8:00 pm - 9:53 pm

8:00 pm - 8:45 pm

8:15 pm - 8:45 pm

9:00 pm - 11:00 pm

9:00 pm - 9:45 pm

9:00 pm - 9:40 pm

11:00 pm - late

### LIVE MUSIC ENTERTAINMENT

### DECK

### TIME

#### Supernova Band LIVE

Music Hall

3, 4

7:00 pm - 7:45 pm

#### Music & dancing with Supernova Band

Music Hall

3, 4

8:00 pm - 8:45 pm

#### Piano & bar entertainment with Jennifer

Harp & Horn Pub

4

8:30 pm - midnight\*

#### A tribute to the Rock Classics with Supernova Band

Music Hall

3, 4

10:00 pm - 10:45 pm

#### Nightclub Open with our Resident DJ Terry (+18)

Music Hall

3, 4

11:00 pm - late

\*Entertainers will take periodic breaks.



If you are experiencing any of the symptoms below, please do not leave your stateroom and call the Medical Center immediately on extension 1200 to make an appointment.

- Fever or chills
- Cough
- Shortness of breath
- Fatigue; Muscle or body aches
- Headache
- Loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea