Pacific daily your guide to what's on YP&O

PACIFIC STAR

AT SEA

TONIGHT'S DRESS:

THURSDAY, 28TH SEPTEMBER 2006

SUNRISE: 5:48 AM - SUNSET: 6:09 PM

FORMAL.

SPOTLIGHT ON....THE ART GALLERY

PICASSO, DALI, CHAGALL, MARTIROS, ERTE, NECHITA...

Your Pacific Star Art Director Jonathan invites you to view these artists and many more currently on display in our Fine Arts Gallery, together with sculpture, memorabilia and animation. The Fine Arts Gallery is located on Deck 8 aft. Drop by, browse and request works by world famous modern masters and sought after contemporary artists to be included in our exciting in house Art Auctions at sea Program. All artwork is guaranteed by P&O cruises, comes with a Certificate of Authenticity and will be shipped to your home anywhere in the world. Your Art Expert Jonathan will be available every evening from 7:30 pm to 8:30 pm to answer your questions and provide reserve prices for any beautiful works you wish to add to your Fine Arts Collection! Join in the fun and learn how we are revolutionizing the Art Industry while saving you time and money. Today is the final Auction.



HEALTH ADVISORY

Dear Guest

It is our common interest and ultimate goal to maintain a healthy and hygienic environment here onboard Pacific Star. We, therefore, kindly ask you to wash your hands frequently and thoroughly with soap for at least 20 seconds and rinse them well under running water. We also strongly recommend that you follow this procedure each time you use the restroom, after coughing, sneezing and smoking before eating or drinking. Thank you for taking the time to read this important information.

"EVERYTHING CAN BE SAID WITH FLOWERS"

Visit **Rod** for all your beautiful fresh flower arrangements, corsages and boutonnieres. From 4:00 pm untill 6:00 pm, outside Starlight Lounge



outside Starlight Lounge, Deck 8 forward starboardside. Order forms are also available at the Purser's Desk, Deck 5.

MEDICAL CENTER

THE MEDICAL CENTER IS OPEN AT THE FOLLOWING TIMES:

SEA DAYS:

10:00am to 12noon & 5:00pm to 6:00pm Outside of clinic times the duty Nurse can be contacted in case of emergency by dialling 911.

Please note that during the night between Thursday 28th and Friday 29th of September the ship's clock will be set BACK 1 HOUR.



3:00 pm to 9:00 pm

11:00 pm to 3:00 am

5:00 pm to 6:00 pm

5:45 pm

8:00 pm

DINING HOURS

BREAKFAST

LIDO CAFÉ

Coffee & Tea for Early Birds Breakfast Buffet

PIZZERIA AND GRILL Light Breakfast

BORDEAUX RESTAURANT Open Sitting Breakfast

ROOM SERVICE

Continental Breakfast in Cabin

LUNCHEON

LIDO CAFÉ

Luncheon Buffet

PIZZERIA

Hamburgers & Hot Dogs Cookout

BORDEAUX RESTAURANT Open Sitting Luncheon

BORDEAUX RESTAURANT
Afternoon Tea

Deck 9 Aft 6:00 am to 7:00 am 7:00 am to 10:30 am Lido Deck 9 Midship

6:00 am to 9:30 am Deck 4 Midship 7:30 am to 9:30 am

7:00 am to 9:00 am

Lido Deck 9 Aft 11:30 am to 3:00 pm Lido Deck 9 Midship 12noon to 2:00 pm Deck 4 Midship 12noon to 2:00 pm Deck 4 Midship

3:30 pm - 4:00 pm

ALTERNATIVE DINING

PIZZERIA & PIE CORNER, Deck 9 Midship (Charge Applicable)

DINNER

LIDO CAFÉ, Deck 9 Aft Children's Dinner Buffet

BORDEAUX RESTAURANT, Deck 4 Midship

Captain's Gala Dinner - First Sitting Captain's Gala Dinner - Second Sitting

To ensure the best possible service, kindly arrive promptly at these dinner times as the restaurant doors will close after 15 minutes.

CLUB BAHIA BAR & GRILL STEAKHOUSE

Deck 8 Aft

Reservations only from 8:00 am till 5:00 pm - Please call 3463 Try our alternative Dining Club Bahia Bar & Grill Steakhouse

6:00 pm till 10:00 pm \$20.00 Cover Charge Per Person For a choice of the finest Steaks.



TODAY'S ACTIVITIES

P&O OVERSEAS TELEVISION CHANNEL 1 & 2

"GOOD MORNING PACIFIC STAR" 7:00am - 11:00am - Channel 2.... Join Michael to find out what's happening today onboard Pacific Star.

REFLECTIONS CRUISE VIDEO UPDATES 10-00am-Onwards - Channel 1

2:00pm-Onwards - Channel 2..... DISEMBARKATION TALK

SHORE EXCURSIONS

Caribe Deck 5, Atrium

Opening Hours: 10:00am to 12:00pm & 4:00pm to 6:00pm

FOR ANY QUESTIONS ON DISEMBARKATION.

TODAY'S FITNESS PROGRAM WITH CRIS

Please bring a towel and water bottle to every fitness activity.

7:30am WALK A MILE Meet Deck 10 Forward Bahia Lounge, Deck 8 Aft 8:00am YOGA (\$11) **ABS BUTTS AND THIGHS** Bahia Lounge, Deck 8 Aft 8:30am Bahia Lounge, Deck 8 Aft 9:00am **AEROBICS**

LOTUS SPA WORKSHOP AND SEMINAR

EUROPE'S #1 INCH LOSS TREATMENT - FREE SEMINAR 9:15am Ionithermie emulsifies the toxins around the fat cell to increase the metabolism of the fat cell and pumps the toxic waste into your lymphatic system to be removed out of your body..come and learn more! Dukes Bar, Deck 8 Midship **GATEWAY TO A FASTER METABOLISM - FREE SEMINAR** 9:45am

Join your Health adn Fitness Director revealing the secrets.. Don't miss out!!. Dukes Bar, Deck 8 Midship

10:15am **TOOTH WHITENING SEMINAR - FREE SEMINAR** Enlighten your teeth. Our Gentle Touch Tooth Whitening treatment is the safest, most effective system available. By using an FDA approved non-toxic gel (other systems use peroxides that damage tooth enamel) Don't miss out on your bright smile! Dukes Bar, Deck 8 Midship

EYES LIKE DIAMONDS - FREE BEAUTY WORK SHOP 11:15am Europe's La Therapie has designed eye care with maximum benefits diminish dark circles, puffy eyes and even out wrinkles. You will never look back! Dukes Bar, Deck 8 Midship

HOW TO BURN FAT FAST 4:00pm Are you struggling to keep the weight off? Don't despair

join your Fitness Director for the FREE SEMINAR. Dukes Bar, Deck 8 Midship

THE AQUA HUT 9:00am-11:00am

will be open for the return of the snorkel equipment, for a refund of your \$40 deposit. Deck 8 Aft Portside

CALLING ALL FRIENDS OF BILL W. FOR AN INFORMAL MEETING. 9:00am

Library, Starlight Lounge, Deck 8 Forward

DISEMBARKATION TALK 9:40am

An important talk with your Cruise Director Michael Whitmore to discuss disembarkation formalities and other important information for our arrival into Brisbane. At least one member of each family or group should attend. This talk will be replayed in your cabins from 2:00pm onwards.

Pacific Showlounge, Deck 7 Forward

CARDS TABLES ARE SET UP FOR YOUR ENJOYMENT 10:00am

Deck 8 Midship Portside

10:00am Preview **TODAY IS THE FINAL AUCTION**

11:00am Auction You will see a lot more competitive bidding today.

It is fun...it is exciting...it is enjoyable. Good luck and enjoy the

experience. Bahia Lounge, Deck 8 Aft

EARRING MAKING 10:00am

Make a pair of earrings for tonight's formal night with Jessica & Olivia. (\$10 cruise cash card) Casablanca, Deck 8 Midship

LIBRARY 10:00am-12noon

Open for the borrowing of books & board games. Meet Roxanne Starlight Lounge, Deck 8 Forward & Daisy.

TABLE TENNIS TABLES 10:00am-12noon

2:30pm-8:00pm

Lido Pool, Deck 9 Midship Available for your enjoyment.

EMERGENCY SERVICES GET TOGETHER 10:15am

Calling all Fire, Police, Medics and volunteer services currently

serving or retired. Join Lauren for a chat.

Casablanca, Deck 8 Midship

CULINARY DEMONSTRATION

With our Executive Chef Eduardo Ramos and Maitre d' Hotel Salvatore Mancuso, Hosted by Michael, Followed by a tour of the Galley! Pacific Showlounge, Deck 7 Forward

11:15am - Pacific Showlounge, Deck 7 Forward **CHILDRENS SHOW** Back by popular demand your favorite magician DAVE DODGEN



DECK QUOITS 11:15am

10:15am

Come and win yourself a prize with Laura.

Deck 8 Aft Starboardside

GOLF PUTTING 11:15am

> Last chance to qualify for the final with Treva. South Pacific Open final taking place tomorrow.

Outside Pacific Showlounge, Deck 7 Forward

HANDY HINTS CORNER 11:15am

> Come and share all those around-the-house ideas with our Duke Bar, Deck 8 Midship Bi-Carb expert Luke.

Poolside, Deck 9 Midship - LUNCH TIME MUSIC 12noon to 1:00pm - DJ THE BIZZ



| Pacific Showlounge, Deck 7 Forward | |
|--|--|
| 12:15 pm - Lunchtime Movie "NACHO LIBRE" | |
| | |
| Starring: Jack Black & Efrin Ramirez | |
| Rated: PG Duration: 1 hour 40 minutes | |
| Starlight Lounge, Deck 8 Forward | |
| 1:15 pm - Afternoon Movie | |
| 1:15 pm - Afternoon Movie "CURIOUS GEORGE" | |
| Animated Feature | |
| Voices by: Will Ferrell & Drew Barrymore | |
| Rated: G Duration: 1 hour 26 minutes | |

2:00pm-4:00pm

Open for the borrowing of books & board games. Meet Lauren & lason. Starlight Lounge, Deck 8 Forward

2:30pm MARRIAGE MATCH

The game of kiss and tell. Find out how well our married couples know each other! An afternoon of laughs with Michael. Pacific Showlounge, Deck 7 Forward

Registration - 2:15pm Pacific Showlounge on the stage Adult activity - Not recommended for children! Children's attendance at parents discretion.

2:30pm CARDS, CARDS, CARDS

Play the game of your choice. Olivia makes the introductions. Deck 8 Midship Portside, Card Tables

3:00pm **ADULTS TABLE TENNIS TOURNAMENT**

Step aside Forrest Gump. Have a game with your fellow passengers to win a great prize. Hosted by Laura.

Deck 9, Poolside

KIDS COKETAIL PARTY 3:00pm

It's party time!!! Kids, join your friendly Youth Staff & DJ Curtis Starlight Lounge, Deck 8 Forward for the big gig.

SCRABBLE PLAYERS UNITE 3:30pm

Treva makes the introductions. Casablanca, Deck 8 Midship

3:30pm-5:00pm **OUILLING LESSON 3**

Today we make a basket or vase and fill it with daisy flowers with Luke & David. Lido Buffet, Deck 9 Portside

ADULTS SNOWBALL JACKPOT BINGO 3:45pm

(Strictly 18 years & over) Jackpot now stands at \$1,800.00 in 49 numbers or less. With Deputy Cruise Director Troy. Tickets are on sale at the Casino from 9:00 am to 3:35 pm. Don't forget that the more you play, the more we pay!

Pacific Showlounge, Deck 7 Forward

Come and join our Cosmetic Team for FREE advice on what our 4:00pm-6:00pm

Skincare range can do for you. Appointments necessary.

Essence Boutique, Deck 6

4:45pm

THE STARLIGHT LOUNGE IS CLOSED FOR A PRIVATE FUNCTION.

TONIGHT'S ENTERTAINMENT

This Evening's Suggested Dress is Formal

PACIFIC SHOWLOUNGE DECK 7 FORWARD

SHOW TIMES: 8:00 PM - 1ST SITTING 10:00 PM - 2ND SITTING

P&O CRUISES PROUDLY PRESENTS



With your Pacific Star Entertainers
Lauren, Treva, Jessica,
David, Laura, Luke, Jason
and Line Captain Olivia

with Vocals by

AMANDA STELLA WEBB

ana

Ross John Burford

FOLLOWED BY A SPECIAL SURPRISE

STARRING:

MICHAEL AND YOUR CRUISE STAFF

HOSTED BY: CRUISE DIRECTOR MICHAEL WHITMORE PRODUCTION MANAGER: PAUL O'DONNELL

No Videotaping of performances due to copyright regulations.
As a courtesy to others, we do ask guests not to reserve seats.
We kindly remind our guests that children under the age of 13 are not permitted in the Pacific Showlounge after 8:00pm unless accompanied by an adult. Also due to the dynamic nature of the shows we ask that for safety reasons children do not occupy the front two rows.

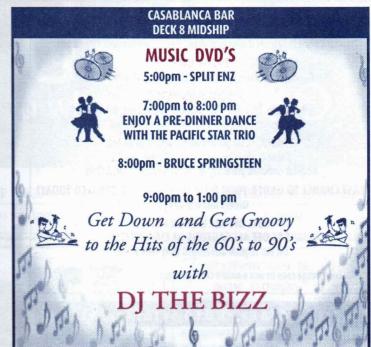
DUKE PIANO BAR DECK 8 MIDSHIP

6:15 pm to 7:00 pm, 7:15 pm to 8:00 pm and 9:00 pm to Close

ERIC CARROLL

Plays for your enjoyment

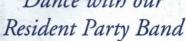




STARLIGHT LOUNGE DECK 8 FORWARD

7:15 pm to 8:00 pm and 9:00 pm to 11:00 pm

Dance with our





"MUZZIK UNLIMITED"



followed by

11:00 pm to Midnight

The Glitz and Glamour Disco with

DJ CURTIS

Midnight to Close

The Nightclub is Open for Business



BORDEAUX DINING ROOM DECK 4 MIDSHIP

Building the waterfall commences at 10:45pm Pouring begins 11:15pm



Featuring your Maitre d' Salvatore and Head Waiters

(Minors must be accompanied by their parents)

PACIFIC STAR DUTY FREE

Located on Deck 6 Midship

Shops Hours: 9:00am to 10:00pm

STOCKTAKE CLEARANCE SALE

T-Shirts & Polo's, Bags, Fashion Jewelry, Bathing Suits, Glassware. Up to 75% off selected merchandise. Be __.ly - limited stocks only!

FRAGRANCE

Guaranteed Savings At least 30% on Australian RRP

SPECIAL PURCHASE

An extra 25% off the marked Duty Free price When you buy any three 100 ml Fragrances

PACIFIC STAR SOUVENIR T-SHIRT SPECIAL

Great designs to choose from! 2 for \$39.95 Regular onboard price \$24.00 each. Limited Stocks Only

LAST CHANCE TO ORDER YOUR DUTY FREE LIQUOR & TOBACCO TODAY!

Orders taken until 6pm

25% OFF ALL LIQUOR PRICES! \$16 OFF ALL CARTONS OF CIGARETTES!

On our regular advertised Duty Free Prices

SHIP'S CRUISE CARD OR VISA & MASTER CARDS ACCEPTED



PACIFIC STAR PHOTO/VIDEO GALLERY

Located on Deck 8 Midship

Opening Times: 9:00am to 3:00pm & 6:00pm to 10:30pm



Remember to give Samuel your ships videographer a wave at Champagne Waterfall

BATTERIES: Waste receptacles are provided by the Photo Shop on Deck 8 for the disposal of all types of used batteries.

PACIFIC STAR CASINO

Located on Deck 8 Forward Pokies: 9:00 am to Close

Tables: 12noon till Late

TONIGHT \$250 ROULETTE TOURNAMENT

\$10 ENTRY. 100 Chips. 5 Spins of Roulette. After those 5 spins, your remaining chips become your score.

Top 5 scores at 11.30pm meet in the final. Win the final and walk away with \$250 in CASH! Enter as many times as you like, anytime from 8.00pm until 11.30pm

NO SMOKING NIGHT

In consideration of your fellow NON SMOKER passengers the whole of the Casino will be non smoking tonight

LOTUS SPA AND BEAUTY SALON

Lotus Spa, Deck 10 Forward Opening Times: 8:00am to 8:00pm

Beauty Salon, Deck 6 Tel. 3070 for appointment

CHOOSE YOUR PAMPERING AT SEA: CALL 3070 NOW TO BOOK

| LOTUS SPA | |
|---|------|
| Foot & Ankle massage 15 min | 530 |
| 25 min Hydrating Facial | \$61 |
| 25MIN Aromatherapy back-neck-shoulder | \$79 |
| Frangipani Scalp, neck and shoulder 20min | \$32 |
| Re-polish | \$19 |
| Full body exfoliation of your choice | \$77 |
| Hair Up, Austrian Crystal Clip, | 31 |
| Eye spa treatment and Sunglow | \$93 |
| CITALECE | |
| FITNESS | 1 |

PERSONAL TRAINING Metabolism Check

Don't miss our finishing touches to your fabulous formal evening and pampering surprise

SHIP'S CRUISE CARD OR VISA & MASTER CARDS ACCEPTED





FINE ARTS

Located on Deck 8 Aft



TODAY IS THE FINAL AUCTION

See over 100 new pieces in the Bahia Lounge today. Take this last chance to acquire an heirloom for all to enjoy in your home or office. This opportunity is only available to you while you are on the ship. Once it is over... That's it! Remember we do not sell on land!

Welcome to the P&O Fine Arts family! We will take care of your framing needs tomorrow if you have been the winner of an unframed piece or the successful bidder on an unframed piece. May you be the successful bidder?

Preview at 10:00am - Auction at 11:00am in the Bahia Lounge.

BARS AND BEVERAGE NEWS

Please check your "Quick Reference Card" for the hours of operation of the bars on board. This card can be found in your cabin.

SEADAY COCKTAILS

Relax and enjoy one of our fabulous



DAIQUIRIS

LEMON, BANANA, STRAWBERRY OR PEACH

"PRE DINNER COCKTAIL TIME"



SOUTH GIN, PEACH LIQUEUR, TRIPLE SEC & PINEAPPLE JUICE How do you like yours, "Shaken or Stirred"?

NEW ZEALAND ICE CREAM!

Visit our Ice Cream Bar located on Deck 9 Aft by Outback Bar. Try our various speciality Ice Cream flavours.

DON'T FORGET OUR SELECTION OF DELICIOUS COCKTAILS SERVED IN THE SOUVENIR

"FLASHING STROBE GLASSES"

INTERNET CAFÉ



Deck 8 Aft - (24 hours) Send an E-mail to your friends and family whilst onboard Pacific Star.