

P&O CRUISES GOODTIMES

☀️ 26°C - 28°C, PARTLY CLOUDY SKY. AFTERNOON SHOWERS | TONIGHT'S DRESS CODE: BIANCO/WHITES | SUNRISE: 6.54AM | SUNSET: 5.47PM

☙ From the Bridge

Today's port of call is all about Volcanoes! Rabaul is Located above unstable tectonic plates, causing it to frequently experiences earthquakes, tsunamis, and volcanic eruptions. Surrounded by a number of volcanoes, including Kombiu (The Mother), Toyanumbatir and Turanguna (North and South Daughters), and Mount Tavorur (Matupi Crater).

ARRIVAL TO RABAUL: Approximately **7AM**
ALL ONBOARD: **3.30PM**

WELCOME TO RABAUL

The former capital of East New Britain is a town with a colourful history and no stranger to rebuilding itself from the ground up. It's been destroyed by volcano eruptions in 1937 and 1994, as well as being all but flattened by aerial bombardment in World War II. Its kilometres of underground tunnels built by the Japanese during its occupation in World War II are a testament to its wartime past. Since 1994, Rabaul has returned to life and its harbour is still one of the most impressive in the entire Pacific basin.

SECURITY AND SAFETY NOTICE WHEN ASHORE

You must present your cruise card at the gangway when you leave and return to the ship. You may be asked by our security staff to open packages or bags which you are carrying. Do not accept and bring onboard any packages on behalf of strangers. As general advice, we want to encourage you to follow all safety precautions, When walking wear closed shoes, look carefully in all directions before crossing the road, use footpaths, but be aware that these may not always be available. Please be advised as with most cities, urbanization has brought about rise in crime and social problems, and we ask you to be street wise, remain in tourist areas and be aware of your surroundings while ashore. Do not wear visible jewellery or have cell phones in sight that make you noticeable. More information can be found at [https:// www.smartraveller.gov.au/](https://www.smartraveller.gov.au/)

Also it is common to find components of ammunition for use with firearms, such as bullets and cartridges from locals but it is strictly prohibited to bring any of those onboard and in to Australia without a written certification from the police firearms or weapons registry from your state or territory.

CURRENCY EXCHANGE - Approx from 8AM - 2.30PM

When we arrive in Rabaul, a local vender will come onboard to facilitate local currency exchange. They will be located in Encounter Hotel Deck 7 Midship. There is often a big queue initially for this service, but they are here until 2.30PM. So, if you don't need it immediately, just go back later in the morning. Remember in Conflict Island they use Eftpos, not cash.

CUSTOMS PAPERWORK

If you have donations to take ashore you must have a landed goods form stamped by our PNG customs official onboard. He will be in the library Deck 5 midship from 8AM to facilitate this. Please present this form to security at the gangway to allow your bags to be taken ashore.

CREW DRILL

At 9.45AM Today, alarm bells will be sounded as a part of our crew is exercised in their emergency duties. During this exercise you may hear various alarms and announcements. If they are accompanied by the words 'For Exercise', no action is required by our Guests.

We kindly request that passengers keep clear of the outside area of the Promenade Deck (Deck 7) and any other area where the crew may be working. We also advice that limited passenger services will be available for the duration of the exercise.

📢 Quote of the Day

**"BE HAPPY FOR THIS MOMENT.
THIS MOMENT IS YOUR LIFE"**

- OMAR KHAYYAM -

☑ Today's Must Do's

3PM - 5PM & 6.30PM - 8.30PM
BLACK CIRCUS BOX OFFICE

BOX OFFICE DECK 7 FORWARD

This is your chance to buy your tickets for Blanc de Blanc.

Strut & Fret present Blanc de Blanc Uncorked The show that pops, fizzes and bangs! Only on P&O Australia 18+. The world-acclaimed champagne-cabaret sensation is finally here! Come to the place where the champagne sparkles, eyes glimmer and the sensual and salacious combine. You're about to be taken on a wild ride of big moves, great tunes, lots of skin and more than a few surprises. This show contains adult language and adult themes. *Fees apply

7PM FAMILY BIANCO PARTY

LIDO DECK 14

Hosted by the Youth Staff - Join us on the Lido deck for our Family Bianco. Fun and games to be had.

8PM BLANC DE BLANC UNCORKED R18+*

BLACK CIRCUS DECK 7 AFT

Strut & Fret present Blanc de Blanc Uncorked The show that pops, fizzes and bangs! Only on P&O Australia 18+.

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Fees apply

DON'T Miss

bianco

THE P&O WHITE PARTY

9PM
LIDO | DECK 14



7AM



12PM



3PM

Ahoy cruiseling!

SHORE TOURS MEETING INSTRUCTIONS

Please check your P&O app carefully for tour meeting times and location.

FUTURE CRUISES

DESTINATION LOUNGE, DECK 5 FORWARD

Open: 4PM - 6PM

Attention Cruiselings!

Book your next holiday adventure with \$100per person whilst onboard and earn \$100per person today to spend on this cruise.

Whatever you may choose, visit the Future Cruise Desk during the opening hours to enquire about any sales or specials.

Valid credit/debit cards required for deposits & bookings. P&O Terms & conditions apply.

PORT AGENT ADDRESS IN RABAU

PNG Ports Rabaul International Wharf

P.O Box 592

KOKOPO, East New Britain Province

Papua New Guinea | www.pngports.com.pg

TWIN RACE WATER SLIDES - CLOSED

Please be advised that due to essential maintenance the waterslides will be closed from June 10th and reopening on June 13th. We apologise for any inconvenience caused.

RESPONSIBLE SERVICE OF ALCOHOL AND DRINKS POLICY

In accordance with this policy, alcohol will not be served to persons who are behaving in a disorderly manner; guests under 18 years of age will not be served or supplied alcohol nor are they to consume alcohol. Photo identification may be requested.

MEDICAL SERVICES DECK 4 MIDSHIP

Please call **4426** from 8AM to 10AM and 4PM to 6PM, to schedule doctor appointments. Please note that no appointments will be scheduled after 6PM. Fees may be levied for medical consultations; additional fees will apply for out of office hours services.

CALL 000 IN AN EMERGENCY

ENVIRONMENTAL INFORMATION

You can help protect the environment by joining us in reducing the use of plastic. Reflecting our strong commitment to environmental protection, you will notice we're no longer routinely offering plastic straws in drinks. We'll only provide them if guests specifically ask for one or where a frozen drink makes one necessary. It might seem a small step but it's an important one. Thank you for your support.

TOILET SYSTEM

The toilets onboard have sensitive plumbing, and they can block very easily. Please don't risk damage to the system for you, or your fellow guests, by flushing anything except the toilet paper supplied

SWIMMING POOLS

Please note our swimming pools will close at midnight.

SELF SERVICE KIOSKS

THE LOBBY DECK 5 & ATRIUM DECK 6

Keep an eye on your spending at any time, withdraw or deposit Australian Dollar cash or with EFTPOS directly to your onboard account, fee free.

All outdoor activities are weather permitting.

7

AM

7AM MORNING STRETCH

F45 STUDIO DECK 15 FORWARD

7AM - 11AM SPLASH TV WITH SOPHIE & MARKUS

CHANNEL 21

Switch to channel 21 to find out what is happening throughout your day in this morning show.

7.30AM TOTAL BODY CONDITIONING

F45 STUDIO DECK 15 FORWARD

8

AM

8.15AM F45 CLASS*

F45 STUDIO DECK 15 FORWARD

9

AM

9AM EARLY BIRD TRIVIA

ENCOUNTER HOTEL DECK 7 MIDSHIP

9AM WORD GAMES & MINDFUL COLOURING AVAILABLE

NOOSA DECK 7 FORWARD

9AM SOLO TRAVELLERS MEET TO GO ASHORE

THE LOBBY DECK 5 MIDSHIP

9AM - 5PM BOOK SWAP & WORD GAMES AVAILABLE

NOOSA DECK 7 FORWARD

10

AM

10AM Pictionary

ENCOUNTER HOTEL DECK 7 MIDSHIP

11

AM

11AM CARD PLAYERS GET TOGETHER

NOOSA DECK 7 FORWARD

11AM FREE SEMINAR: 5 MINUTES MAKE OVER WITH GILBERT

ELEMIS AT SEA DECK 15 FORWARD

11AM TABOO

ENCOUNTER HOTEL DECK 7 MIDSHIP

12

PM

12PM SPEED SUDOKU CHALLENGE

ENCOUNTER HOTEL DECK 7 MIDSHIP

12.30PM WORD GAMES

ENCOUNTER HOTEL DECK 7 MIDSHIP

1

PM

1PM COMPLIMENTARY SEMINAR: INCH LOSS MADE EASY

ELEMIS AT SEA DECK 15 FORWARD

Informative workshop on how you can lose 1-8 inches from your waist and buttocks within 1 hour.

1PM MOVIE: FISHERMAN'S FRIENDS: ONE AND ALL (PG)

BLACK CIRCUS DECK 7 AFT

The sequel to the hit UK comedy tells the next installment of the Fisherman's Friends amazing true story. Following the unexpected success of their debut album, we join the band almost a year later struggling with the pressures, pitfalls and temptations of their newfound fame. With the world looking on, the ten singing fishermen take the Glastonbury festival by storm, leading to a high profile bidding war with rival labels desperate to secure the band's signature for their much anticipated second album of sea shanties. **1hr 51min**

1.30PM CRAFTS AHOY! SKETCH CLASS WITH ZOEY

NOOSA DECK 7 FORWARD

This cruise the entertainment team will teach you a variety of arts & crafts to take home with you. So if you want to make new friends and learn new skills, join us today. Spaces are limited.

2

PM

2PM LINE DANCING WITH ELLEN

ENCOUNTER HOTEL DECK 7 MIDSHIP

3

PM

3PM - 5PM BLACK CIRCUS BOX OFFICE

BOX OFFICE DECK 7 FORWARD

This is your chance to buy your tickets for Blanc de Blanc. Strut & Fret present Blanc de Blanc Uncorked The show that pops, fizzes and bangs! Only on P&O Australia 18+. The world-acclaimed champagne-cabaret sensation is finally here! Come to the place where the champagne sparkles, eyes glimmer and the sensual and salacious combine. You're about to be taken on a wild ride of big moves, great tunes, lots of skin and more than a few surprises. This show contains adult language and adult themes. *Fees apply

3PM NINTENDO SWITCH: TEN PIN BOWLING

ENCOUNTER HOTEL DECK 7 MIDSHIP

3PM FRIENDS OF BILL W. GATHERING

OASIS DECK 15 AFT

3PM FREE SEMINAR: NO MORE PUFFY EYES WITH PRETTY

ELEMIS AT SEA DECK 15 FORWARD

3PM P&O EDGE FLYING FOX*

DECK 16 MIDSHIP (PREBOOKING ENCOURAGED)

How many people can say they've gone Zip-Lining in the ocean? Exactly! Visit us at P&O Edge. Pre-booking is encouraged. Activities are subject to availability.

3.15PM SPORTS: ADULTS BASKETBALL SHOOT OUT

BASKETBALL COURT DECK 17 AFT

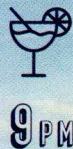
3.30PM FREE SEMINAR: CHRONIC PAIN SOLUTIONS WITH TRADITIONAL

CHINESE MEDICINE

ELEMIS AT SEA DECK 15 FORWARD

Herbal therapies are natural solutions to common health conditions like back and knee pain, arthritis, allergies, and even sugar cravings. Meet our licensed acupuncturist and learn more

*Fees apply



NIGHT life

4

PM

4PM GAMESHOW: MAJORITY RULES

BLACK CIRCUS DECK 7 AFT
Join the Entertainment Team for this fun, cheeky trivia with a twist. It's not about having the right answer, but knowing what the majority will think.

4PM BIANCO DANCE CLASS WITH LYDIA

ENCOUNTER HOTEL DECK 7 MIDSHIP

4PM - 6PM NRL: BULLDOGS VS EELS

BIG SCREEN DECK 15

4PM HQ (10-13 YEARS OLD) BASKETBALL SHOOTOUT

BASKETBALL COURT DECK 17 AFT

4PM FREE HEALTH SEMINAR:

IMPROVING POSTURE AND RELIEVING PAIN

F45 STUDIO DECK 15 FORWARD

Aches and pains affecting the way you live? Your feet may be the problem. Join your Personal Trainers today for your Free Footprint & Postural Analysis.

4PM SPORTS: ADULTS LAWN BOWLS TOURNAMENT

DECK 16 AFT PORTSIDE

4PM P&O EDGE FLYING FOX*

DECK 16 MIDSHIP (PREBOOKING ENCOURAGED)

How many people can say they've gone Zip-Lining in the ocean? Exactly! Visit us at P&O Edge. Pre-booking is encouraged. Activities are subject to availability.

4.30PM FREE SEMINAR: ANTI-AGING SKIN CLINIC WITH DR CRYSTAL

ELEMIS AT SEA DECK 15 FORWARD

Join us for an informative seminar and learn about the latest anti-aging techniques. Smooth away fine lines and wrinkles within minutes.

5PM PURE FORM PILATES*

F45 STUDIO DECK 15 FORWARD

5PM HQ+ (14-17 YEARS OLD) BASKETBALL SHOOTOUT

BASKETBALL COURT DECK 17 AFT

5PM EVENING TRIVIA

ENCOUNTER HOTEL DECK 7 MIDSHIP

5PM P&O EDGE LEAN OUT* (BRAND NEW ACTIVITY ONBOARD)

DECK 16 MIDSHIP (PREBOOKING ENCOURAGED)

A view from the highest point on the ship and take in the view with our Lean Out activity. Pre-booking is encouraged. Activities are subject to availability.

5.30PM LIVE MUSIC WITH BIG MAN AND BEAR

THE LOBBY DECK 5 MIDSHIP

5.45PM LIVE JAZZ WITH THE PACIFIC SHOWBAND

BLUE ROOM DECK 7 AFT

6PM GUIDED MEDITATION

F45 STUDIO DECK 15 FORWARD

6PM GUESS THE ORIGIN REVEAL

CLIFTON FINE JEWELLERY DECK 7

Come Join Merisa and our Fine Jewellery team to find out if your guess was the correct one. Must be present to win.

6.15PM GUESS THAT TUNE

ENCOUNTER HOTEL DECK 7 MIDSHIP

6.30PM - 8.30PM BLACK CIRCUS BOX OFFICE

BOX OFFICE DECK 7 FORWARD

This is your chance to buy your tickets for Blanc de Blanc. *Fees apply

7PM ROCK THE ROOM GAMESHOW

ENCOUNTER HOTEL DECK 7 MIDSHIP

Join Cruise Director Sophie and the Entertainment Team for a night of madness and mayhem how much can you Rock The Room?

7PM FAMILY BIANCO PARTY

LIDO DECK 14

Hosted by the Youth Staff - Join us on the Lido deck for our Family Bianco. Fun and games to be had.

8

PM

8PM BLANC DE BLANC UNCORKED R18+*

BLACK CIRCUS DECK 7 AFT

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8PM MOVIE: BLACK PANTHER: WAKANDA FOREVER(M)

MARQUEE DECK 7 FORWARD

On the heels of the unexpected loss of King T'Challa, the nation of Wakanda finds itself at a crossroads in its fate. The surrounding powers of the world look on with greedy eyes, eager to encroach upon Wakanda in its most vulnerable state. All the while, its people remain steadfast, determined to protect their king's legacy and fight for their future. **2hrs 41min**

8PM \$500 BLACKJACK TOURNAMENT

CASINO DECK 6 MIDSHIP

Are you our Blackjack Champion? Enter the Blackjack Tournament and you could win \$500! Qualifying rounds from 8PM-9.30PM. \$20 entry fee, play twice and get an additional entry fee.

8PM COCO DIAMOND SALE

CLIFTON FINE JEWELLERY DECK 7

Discover our amazing collection of Argyle coco diamonds and huge savings on pieces up to 60% off and free gift with purchase.

8.15PM SOULFUL SOUNDS WITH ALICIA COLLINS DUO

ENCOUNTER HOTEL DECK 7 MIDSHIP

8.30PM ACOUSTIC SOUNDS WITH PANGKERAL

THE LOBBY DECK 5 MIDSHIP

8.30PM BIANCO WARM UP WITH DJ RESTY

LIDO DECK 14

8.45PM LIVE MUSIC WITH THE DECK SEVERNS

BLUE ROOM DECK 7

9PM BIANCO: THE P&O WHITE PARTY

LIDO DECK 14

Bianco, the night to be seen at. Dress in your most dazzling white attire and dance the night away at the P&O Bianco white night. Live music with Glam & DJ Resty. *Weather permitting #Bianco #likenoplaceonearth.

9PM TEXAS HOLD'EM POKER CASH GAME

CASINO DECK 6 MIDSHIP

It's time to challenge your fellow cruisers to some Texas Hold'em Poker. Pull up a seat as we have a \$1/\$2 no-limit cash game, available at all times while the casino is open.

10.30PM CASINO ROLLOVER RAFFLE

CASINO DECK 6 MIDSHIP

Play pokies and win CasinoPlay every night. For every 100 points earned, you get 1 electronic ticket in the drawing. The only catch? You must be present to win.

10

PM

11PM LATE NIGHT KARAOKE

ENCOUNTER HOTEL DECK 7 MIDSHIP

If you can sing, great. If you can't, even better. Join the cruise staff for a night of karaoke. Sign ups at 9.45PM.

11PM BIANCO AFTER PARTY WITH DJ RESTY (R18+)

ALTITUDE DECK 18 AFT

(Photo ID may be required)

11

PM

The MARQUEE

Movie:

BLACK PANTHER: WAKANDA FOREVER

8PM

MARQUEE DECK 7 FORWARD

GIG Guide

- **Live Music with Big Man and Bear**
5.30PM - 8.15PM
The Lobby Deck 5 Midship
- **Live Jazz with The Pacific Showband**
5.45PM - 8.30PM
Blue Room Deck 7 Aft
- **Soulful Sounds with Alicia Collins Duo**
8.15PM - 11PM
Encounter Hotel Deck 7 Midship
- **Acoustic Sounds with Pangkeral**
8.30PM - 11.15PM
The Lobby Deck 5 Midship
- **Live Music with The Deck Severns**
8.45PM - 11.30PM
Blue Room Deck 7 Aft

THE Spa

Elemis At Sea Deck 15 Forward "SPATOPIA"

Relax and unwind with 75mins of full body pampering! Enjoy a muscle-melting hot stone or bamboo massage, plus a foot and ankle massage, hand and arm massage & dry skin exfoliation. Today just \$189

Red Carpet Blow Out

Get the red-carpet treatment! Includes all of the following: Hair treatment, soothing scalp massage, blow dry & style, sunglow application, hydrating eye treatment and a glass of champagne. All for only \$89 (add \$10 for long hair).

THE Casino

Casino Deck 6 Midship

Casino opens approx. 30 minutes after sailing, for all your classic games, pokies & more.

Casino Vault

Do you have nerves of steel and a steady hand? If so, come and attempt to crack the Casino Vault. Check out this awesome new game for your chance to win cash prizes up to \$2500.

FOOD & Beverage



New Zealand Natural

NEW ZEALAND NATURAL DECK 14 MIDSHIP

Get swept into a world of flavour with New Zealand Natural ice cream. We believe it's the freshest, purest tasting ice cream out there, with no artificial colours or preservatives.

DINING Times *Charges Apply

PANTRY DECK 14 AFT

Breakfast - 6.30AM - 10AM
Lunch - 11.30AM - 3PM
Kids Dinner - 4.15PM - 4.45PM
Dinner - 5.30PM - 9PM

WATERFRONT DECK 5 MIDSHIP

Breakfast - 7AM - 9AM
Dinner - 5PM - 9PM (MENU B)
(Reservation Recommended)

DRAGON LADY, DECK 6 AFT

Dinner - 5PM - 9PM (MENU A)
(Reservation Recommended)

ANGELO'S, DECK 6 MIDSHIP

Dinner - 5PM - 9PM (MENU A)
(Reservations Recommended)

GRADI PRONTO DECK 14 FORWARD *

12PM till Late (Takeaway available)

400 GRADI DECK 7 MIDSHIP*

Dinner - 5.30PM - 8.30PM
(Reservations Recommended)

LUKE'S BAR & GRILL DECK 7 FORWARD*

Dinner - 5.30PM - 8.30PM
(Reservations Required)

LUKE'S BURGER BAR DECK 14 FORWARD *

12PM till Late (Takeaway available)

Reservations for all restaurants are accepted from 8AM to 4PM at the Dragon Lady restaurant Deck 6 aft or by dialling the number 4800.

TAX & Duty Free

Tax & Duty Free Shops Deck 6 & 7

Essentials Opening Hours: 8AM - 12PM / 4PM - 10PM

Tax & Duty Free Opening Hours: 4PM - 10PM

Tax&Duty Free Liquor

Visit our liquor store and discover duty-free pricing on liquor and tobacco. We have unmissable mix and match liquor deals. Terms & conditions apply, see our Retail Team for details. Please note you must be 18 or older to buy liquor onboard.

Charm of the Day

Complete your collection with the free "Dolphin" available today. Encounter Store, Deck 6 or Market Place, Deck 7 Photo Gallery

PHOTO Deals

imagestudio 4PM - 10PM

CASUAL PHOTO STUDIOS - ATRIUM - DECK 5 6 & 7 6PM - 10PM

Book your private Family session for a special experience with your loved ones and get great savings of up to 50% off compared to onshore studios.

Visit the imagestudio to reserve your spot.

Terms & conditions apply, see our Photo Team for details.

Looking great?

Don't miss your chance to capture some great memories with Professional Portraits tonight all around the ship. Studios open from 6PM - 10PM

*Terms & conditions apply, see our Photo Team for details.

THE Edge

P&O Edge Deck 16, Midship

Edge Opening Hours: 9AM- 7PM

After an adventurous day on shore, visit us to see what activities we have running today to continue your adventures on board!

Pre-booking is encouraged. Activities are subject to availability. Activities are not limited to advertisements only.

Please visit the Edge Shop for full listings.

Shore Tours

Destination Desk Deck 5 Forward CLOSED

Conflict Island Conservation Initiative- Sea Turtle Nursery
The renowned CICI relocates sea turtle eggs of endangered species from islands with a high level of poaching with the hope that more sea turtles will be able to hatch safely and survive until adulthood. A marine biologist will provide informative commentary about the turtles and the important work done by the Conflict Island Conservation Initiative. You can also get involved in the conservation initiative yourself by adopting and naming your own turtle. Book now to avoid disappointment. Limited space available (\$99.99 per person). It is a first come, first serve basis. Use the P&O App to book or visit us at the destination lounge during our opening hours advertised on the Good Times.