

THE BEST WAY TO RECHARGE IS TO UNPLUG

Cloud 9



REFRESH

Inhale the salt air. Feel the fresh cool breeze. Become one with nature.
Unwind as you embark on an adventure for the soul.

ENRICH YOUR SPA EXPERIENCE
BY SELECTING FROM OUR MOST
HEAVENLY SERVICES INDICATED BY

 THROUGHOUT THIS MENU.

TRIPLE YOUR INDULGENCE

10% OFF YOUR 1ST SIGNATURE TREATMENT
20% OFF YOUR 2ND SIGNATURE TREATMENT
30% OFF YOUR 3RD SIGNATURE TREATMENT
SAVE UP TO \$155!

Treatments may not be shared among multiple persons. All treatments must be booked and paid for in advance. Offer subject to availability and may not be combined with other discounts, including value pricing.

THERMAL JOURNEY

Herbal steam and sauna grottos will help cleanse the body,
release impurities, relax tension, and calm the senses.

Daily or cruise length passes available.

MASSAGE

FOR THE ULTIMATE UNWINDER

Aroma Stone Therapy

Hot stones deeply relax the body, getting into areas of tension at a profound level while improving range of motion and helping the recovery of strained muscles.

100 | 75 | 50 min

FOR THE TENSION TAMER

Bamboo Massage

Heated bamboo produces a muscle-melting sensation. The rolling technique increases circulation, promotes detoxification, and induces a state of relaxation.

100 | 75 | 50 min

FOR A TROPICAL DELIGHT

Coconut Poultice Massage

Warmed pure coconut compresses massage the body, releasing natural emollients to nourish and moisturize the skin. A traditional hands-on massage relaxes and de-stresses the muscles.

100 | 75 | 50 min

FOR THE SOUL SOOTHER

Thai Poultice Massage

Filled with therapeutic herbs, warmed compresses help ease pain. Acupressure movements follow the body contours, providing deep tissue massage benefits without the pressure.

100 | 75 | 50 min

FOR THE TWO OF US

Couples Massage

Indulge in romantic relaxation. Share a massage experience as you lie side by side spending quality time in a suite reserved for two.

100 | 75 min

FOR THE PERFECT PAIRING

Couture Touch Face and Body Treatment

Condition the skin and body with this all-embracing hands-on experience. Combine our ELEMIS Pro-Collagen Age Defy facial with a 50-minute Swedish Massage.

100 min

TRADITIONAL CHINESE MEDICINE

FOR 'THE POINT OF WELL-BEING'

Acupuncture

Our certified acupuncturist treats an extensive list of conditions such as pain management (sciatica, joint, muscle and arthritic pain), sea sickness, weight gain, insomnia and anxiety.

50 min

FOR PAIN RELIEF

Pain Management

Pain can affect any of us. Manage pain with a selection of non-invasive therapies that span from acupuncture to massage and wellness classes.

BODY THERAPY

FOR SUBLIME SERENITY

Aroma Spa Seaweed Massage

This marine-algae wrap detoxifies the body, helping reduce the appearance of cellulite and excess water from the body. Includes a 25-minute back or 50-minute full-body massage.

100 | 75 min

FOR A BOD THAT GLOWS

Intensely Cleansing Salt Scrub

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of choice will gently buff away dead skin cells.

75 | 50 min

FOR THE DIMPLE DILEMMA

Ionithermie Cellulite Reduction Treatment

This detoxification treatment reduces the appearance of cellulite, firms and tones the skin, cleanses the body, and promotes substantial inch loss in just one session.

50 min

MEDI-SPA

FOR THE PERFECT POUT

Restylane® Facial Dermal Filler Treatments

Non-invasive fillers that smooth away fine lines (like those smile lines), plump up your lips, and restore lost volume in your face. Results are instant and last up to six months.

FOR SMOOTHER SKIN

Dysport® Targeted Wrinkle Treatments

Improve the appearance of the skin, reversing signs of aging. Fine lines on the upper face are softened. Smoother skin is visible within days and lasts up to four months.

FOR TLC IN 1,2,3

Thermage® Skin Tightening

Tighten and contour the skin in just one treatment. This non-invasive treatment uses radio frequency to improve the appearance of loose skin on the face and body.

FACIALS

FOR TOTAL RADIANCE

ELEMIS BIOTEC 2.0 The Ultimate Facial*

This next generation experience harnesses the powerful benefits of all six ELEMIS BIOTEC 2.0 technologies. Skin-fitness and firmness are improved with highly effective micro-current technology, while sub-zero cold therapy and Pro-Sculpt Facial Method deliver a visibly lifted skin-defining appearance.

75 min

*Only available on select vessels.

FOR ADVANCED SKINCARE

ELEMIS BIOTEC Facials

Renew, revitalize and regenerate skin cells with BIOTEC technology to target pigmentation, fine lines, enlarged pores, dehydration and all skin conditions.

50 min

FOR AGELESS SKIN

ELEMIS Pro-Collagen Age Defy

Tackle fine lines with the clinically proven* benefits of Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

50 min

*Independent Clinical Trials

FOR EVERY MAN

ELEMIS High Performance Skin Energizer

The energizing facial to hydrate male skin. Facial massage sequences boost circulation while scalp and foot massage deeply relax.

50 min

FITNESS

FOR THE INS AND OUTS

InBody570® / Body Composition Analysis

Comprehensive analysis reveals your muscle mass, body fat mass, visceral fat, metabolism, inflammation, and fluid retention levels to allow you to take control of your health.

60 min

FOR A COACHING SESSION

Personal Training

Work out with a motivational coach to guide you toward faster, better results. Your trainer will create a personalized plan, ensuring proper exercise to meet your goals.

60 min

FOR FOOD GUIDANCE

Nutritional Consultation

Address, fatigue, weight and other concerns with a personalized diet and exercise assessment to achieve a healthier lifestyle and reach wellness goals.

60 min

FOR ENDLESS POSSIBILITIES

Unlimited Class Pass

Sign up for our unlimited class pass. Work your core, burn serious calories, and condition your whole body. Our class list and schedule allows you to build in workouts at your leisure.

*Please check for the availability of these facilities and/or services on your cruise.

HAIR

FOR GOLDEN LOCKS

Kérastase® Elixir Ultime 24-Carat Indulgent Ritual

Nourish, protect, illuminate and instantly restore hair with a highly concentrated treatment to leave hair silky, weightless and beautifully fragrant. Includes a scalp massage.

25 min

FOR TENDER LOVING 'HAIR'

Kérastase® Fusio-Dose™ Instant Hair Treatment

Highly-concentrated formulas and powerful boosters deliver custom-designed results. Dry hair is nourished, damaged hair is strengthened, color treated hair is restored, and mature hair is re-densified.

FOR FRIZZ-FREE HAIR

Keratin Complex® Express Blowout

This specially formulated revitalizing and rejuvenating treatment eliminates frizz and lasts up to six weeks.

45 min

NAILS

FOR NAILS THAT ROCK

Fire & Ice Manicure and Pedicure

Using therapeutic cooling gels and the warmth of massage with a heated stone, your skin will be smoother, and your nails will be nourished and polished to perfection.

Manicure 45 min | Pedicure 60 min

SMILE

FOR PEARLY WHITES

BLU™ Pro Teeth Whitening Treatment

Lighten your teeth up to six shades in minutes with this safe and effective treatment. No sensitivity, no messy trays. Works on caps, crowns and veneers. Couples treatments available.

30 min

BARBERING

FOR THE SMOOTH OPERATOR

Pro-Collagen Grooming Treatment with Shave

An Express Shave with the added benefits of a hot towel facial for cleansed and moisturized skin as well as a luxurious scalp, hand and arm massage for enhanced relaxation.

55 min

FOR THE DAPPER DUDE

Deep Cleanse Grooming Treatment with Shave

This treatment combines the Express Shave with the added benefits of a soothing face and scalp massage and deep pore cleansing. Skin will be left fresh and irresistibly smooth.

45 min

CLOUD9 INFORMATION

Our Promise to You

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment are important to us. If we have not fulfilled our promise to you, we will remedy your experience.

Value Price

During your cruise the spa will offer value prices for certain services at specified times, allowing you to experience luxury therapies at a valued price. Check your daily program for details.

Nurture Your Experience

We recommend you arrive 15 minutes prior to your treatment so you can focus your mind on relaxation. To ensure you do not forget any personal items of value, we suggest leaving them in the safety deposit box in your stateroom.

Cancellation Policy

Please provide 24 hours' notice before canceling your appointments or your onboard account may be charged 50% of your treatment cost.

Minimum Age

Guests must be at least 18 years of age to receive treatments or utilize spa facilities unless participating in the kid and teen spa program. Salon services are available to guests of all ages. Fitness facilities are available to minor guests when accompanied by an adult. Please see restrictions posted outside the Fitness Center.

Product Return Policy

Refunds are offered for all unopened products when accompanied by a receipt and returned by the end of the cruise. Unopened products without receipts can be exchanged for either services or products.

Customer Service

c/o OneSpaWorld

1-855-848-3059

customerservice@onespaworld.com

Occasionally, for reasons beyond our control, your treatment selection may not be available. For your convenience, a 18% gratuity will be automatically applied to your services.

